

Doula Foundation Course – An Introduction to a Person-Centred Approach to Death and Dying.

FREQUENTLY ASKED QUESTIONS

Thank you for visiting our website, we are delighted that you have shown interest in our training. We have many enquiries and these are some of the questions often asked. We'd be grateful if you could check here first and if they do not cover your query then we'd be glad to help. Please do email us at office@livingwelldyingwell.net we will do our best to get back to you within a few days. Thank you!

What are the dates for courses?

These are published on our website. Please follow the link <http://www.lwdwtraining.uk/doula-training/>. We continually update our training schedule and once courses are finalised they are posted on the website. In the meantime if you have emailed us we will add your name to our subscription list to receive our Newsletter which also keeps you up to date on forthcoming courses.

I have looked at the web site and it is showing the course is fully booked.

The courses do get booked up quickly, we are sorry if you have been disappointed. We suggest you email us at office@livingwelldyingwell.net and so we can add your name to the cancellation list for the next course, we will also put you on our mailing list to receive our newsletter which includes information about upcoming course dates.

Are there any entry requirements?

We don't require you to have attained any formal academic qualification or come from a particular professional background. Learners come from many different life experiences and careers. We do have the expectation that Learners will

- Feel an affinity for this subject.
- Are willing to embark upon a personal journey.
- Are over the age of 18 with maturity, sensitivity, adaptability, empathy and good communication skills.
- Are aware of, or open to, spirituality in all its forms.
- Wish to expand knowledge and become more confident with death and dying.

NB We advise against starting the training too soon, if you have been recently bereaved.

How is the training delivered?

The training is delivered by practitioners who come from an end of life support, teaching or training background. The material is conveyed using a variety of approaches including presentations, written information, discussion, audio visual, interactive imagery exercises (Imagework) and guided pair work. Taught skills and knowledge sessions are accompanied by experiential work and reflection to nurture and facilitate personal insight.

36 St Nicholas Lane, Lewes BN7 2JZ

www.livingwelldyingwell.net **01273 474278** office@livingwelldyingwell.net
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Every member of the group contributes to the learning experience and knowledge base of the whole group. We encourage people to share commonalities and differences, and expect learners to be able to accommodate diversity.

Where do you run the courses?

The majority of courses take place in East Sussex, and very occasionally we take the training to other parts of the country e.g. Hebden Bridge in West Yorkshire. We intend to offer the course more widely in the next few years but we do not have immediate plans for this in 2017/18.

Is the course residential?

No it is not residential. There is a wide range of accommodation (YHA, bed and breakfast or hotels) available locally.

Can I undertake the training by distance learning?

No. Our person-centred approach and emphasis on experiential learning, sharing and personal development does not translate to distance learning.

What are the costs?

The costs were reviewed in September 2016 and are:

Foundation	£565	Early Bird Rate £515
Part Two	£680	Early Bird Rate £630
Part Three	£1,020	Early Bird Rate £970

Is the course externally certificated?

The five-day Foundation Course is a stand-alone Crossfields Institute Continuing Professional Development (CPD) programme, namely: An **Introduction to a Person-Centred Approach to Death & Dying**. This means that Crossfields Institute reviews and monitors LWDW systems and the processes underpinning the quality and delivery of this training. The fee for Certification is included in the Course fee. Full attendance is required.

How are the courses structured?

Foundation	3 days plus 2 days	Total 5 days
Part Two	3 days plus 3 days	Total 6 days
Part Three	3 days plus 3 days plus 3 days	Total 9 days

How long does it take to complete the training?

Normally all 3 stages of the training are completed within an 18-month to 2- year period. We do, however, appreciate that some people may require flexibility on the dates attended and may extend the period.

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How do I progress through the training?

Following completion of the Foundation Course and before enrolment on Part II, it is necessary to discuss your progression with one of the Tutors and to complete a Diploma Enrolment Assignment which demonstrates the learning and experience gained on the Foundation Course.

Parts II and III are portfolio based learning which is assessed at the end of the training. The full Diploma has the **Crossfields Institute Quality Programme Mark** and leads to the award of the **Diploma in the Living Well Dying Well Person-Centred approach to Death and Dying**. There is an additional cost of £150 (£130 registration and £20 admin fee) for the full Diploma.

What happens if I cancel?

Our booking conditions are on the website and are as follows. If you wish to cancel within 14 days of making your booking, you will receive a full refund of the price paid. In the event of a cancellation after 14 days, the deposit is non-refundable. If you cancel up to 28 days before the course starts, 25% of the course fee is retained; if less than 28 days, 50% of fee will be retained; if less than 14 days the full fee will be retained. All cancellations should be received in writing either by letter or email. In the unlikely event of cancellation by LWDW we can take no responsibility for participants' travel/accommodation costs.

Do you offer subsidised or flexible payments?

We are a not-for-profit organisation and fees are structured so all courses are self-financing, therefore there is no scope to reduce fees. However, we can however offer phased payments, so do please contact us about this office@livingwelldyingwell.net

Do I need to commit to undertaking all 3 parts of the Training?

No, some people feel very satisfied having completed the Foundation training and find they have all they need to inform them about death and dying for their own needs. Others decide to complete the further 2 parts of the Training to obtain the full Diploma. Once certificated they can begin to engage with clients in their community as an End of Life Doula. There is a maximum period of 2 years between completion of the Foundation and beginning of the Diploma course.

I already have some experience of working in this field do I have to do the whole training?

Yes. The nature of the End of Life Doula training is quite different to existing palliative care training. Any experience you have will be very valuable for yourself and for the other members of the group, and you are welcome to use your prior learning when completing your portfolio.

Can I earn money as an End of Life Doula?

LWDW does not employ Doulas directly. People who have trained with us are self-employed and charge a fee for the work that they do, and some choose to volunteer. Doulas who are engaging in their community by being involved with individuals, families, in awareness raising or events about death and dying, generate all kinds of opportunities for Doula work. Currently we do not charge for referrals that come through the LWDW website.

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I would like to do the training – what do I do next?

It is possible to book and pay on-line by going to our website. <http://www.lwdwtraining.uk/courses-events/> We will then be in touch with further information about enrolment.

We'll look forward to meeting you in person

All good wishes
Hermione & Team

December 2017

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